



# Norwood News

IT WAS ONE OF THOSE  
**MARCH DAYS**  
WHEN THE SUN SHINES HOT  
AND THE WIND BLOWS COLD:  
WHEN IT IS SUMMER  
IN THE LIGHT  
AND WINTER  
IN THE SHADE.

- CHARLES DICKENS -

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**County Care Homes**

Best Dementia Care Home Finalists The National Dementia Care Awards 2011

*Together We Care*



## **Changes to Visiting Procedure - From 8<sup>th</sup> March**

We are pleased to be able to safely accommodate visitors into the home once again (from March 8<sup>th</sup>), following the latest advice from the Government. The scheme will allow a single visitor to hold hands indoors with their relative or loved one in a care home and make repeat visits under carefully designed conditions to keep residents, staff, and visitors safe.

- \* All residents are to have **one** designated visitor. We require families to confirm who the designated visitor is prior to commencing visits. Preferably this will be someone who has already had a COVID vaccination. The named visitor **cannot** change each week.
- \* All visits must be pre-booked through Reception. Visiting slots are 45 minutes to allow for cleaning time between visitors. Please arrive 30 minutes **before** your allocated slot to receive your rapid COVID test.
- \* Please report to Reception upon your arrival, where you will have your temperature and rapid test taken. The test takes 20 minutes to receive a result. Please then wait outside Reception or in your car and we will come and advise you of your result.
- \* Only visitors who have a negative test result will be allowed to proceed with a visit. Once a negative result is obtained, you will be given PPE and directed to the visiting area which is in an isolated wing of the home.
- \* Once your visit is finished, please leave through the porch door and do not return to Reception.

### **PLEASE NOTE:**

All visitors **MUST** wear full PPE at all times. Visitors **MUST NOT** remove any PPE when meeting a relative. Please try to minimise contact with your relative to avoid putting them at risk.

These arrangements are subject to change in line with Government advice and announcements and will also be reviewed by the home to ensure these procedures continue to keep everyone safe.

Thank you for your cooperation – we look forward to welcoming you back to Norwood House!



# Happy Birthday Bert



Bert celebrated his birthday during February, he was very impressed by his birthday cake.







**Charles celebrated his birthday in February, with lovely messages and gifts from his family and a great cake from the chefs.**







Terry was the last of our birthday boys in February. He had some lovely presents dropped off by his family including a nice little snack hamper ! He of course also got a lovely cake from the chefs to share with all the residents.



# VALENTINES DAY

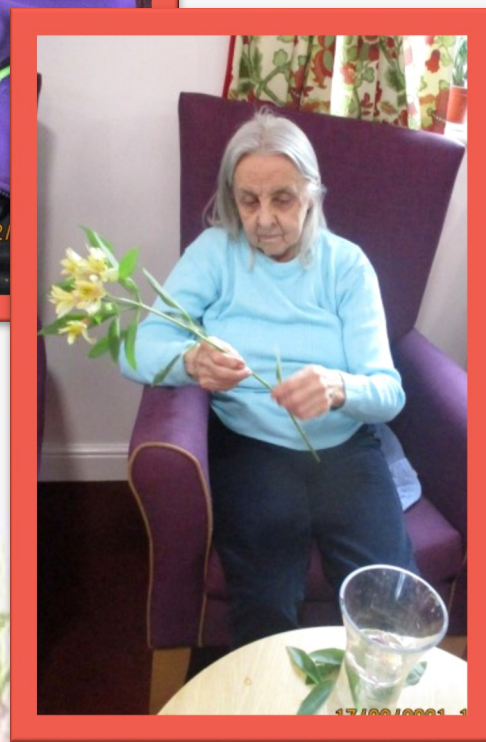
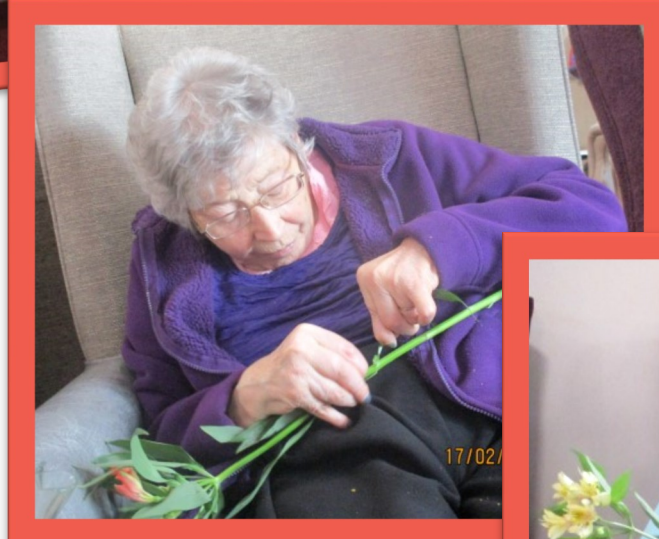


**The residents  
enjoyed some  
Valentines themed  
biscuits and  
cupcakes for Tea.**

love  
makes  
the  
world  
go  
round  
♡



# Flower Arranging



Flowers stimulate the senses of smell, sight and touch and in doing so encourage reminiscing and reduce feelings of stress and anxiety.



**Alan enjoyed playing a few  
little tunes on the piano for  
some of the staff and residents**







The benefits of art therapy for dementia are both cognitive and behavioural improvement, plus an increase in confidence. Art can also create a sense of accomplishment and purpose, while also providing an opportunity for nonverbal expression.





# Balloon Tennis



**Participation with games like balloon tennis can help foster connections between residents and between staff and residents.**





# Ball Games



**Ball games can lessen anxiety and make people living with Dementia feel more engaged.**







**We can hardly believe that its time to open up our Easter Raffle!**  
**Take a look at the eggcellent prizes we have on offer,**  
**tickets are available from Reception at £1 per strip.**







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## Contact Details

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**We look forward to assisting you**