

Norwood News -



Dear Family, Friends and Supporters,

February was a packed full month for our residents with plenty going on at Norwood House.

We, as usual, got to enjoy some great entertainers, including **Sing As We Go**, **Brian Shaw**, **Sharon Jarvis** and **Gwyn Pritchard**. **Creative Minds** and **Creative Mojo** have both been in doing lots of arts and crafts with our residents.

We also celebrated **Valentines Day** and **Pancake Day**! The Kitchen did fantastic special menus for the residents, guests and staff to enjoy - look out for the Special Menu's coming up in the **Chef Corner** section of the Newsletter!

Please remember to add our March dates to your diary so you can join us for some of our events. We have special menus available on **St Patricks Day**, **Mothers Day** and **Vaffledagen Day** aka Swedish Waffle Day!

Regards and Best Wishes from,

All at Norwood House



County Care Homes

Best Dementia Care Home Finalists The National Dementia Care Awards 2011

Together We Care

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March 2020 Dates

🌸 **2nd March**

Gwyn Pritchard 10:00

🌸 **3rd March**

Sing As We Go 14:30

🌸 **9th March**

Sharon Jarvis 14:15

🌸 **10th March**

Brain Shaw 11:00

🌸 **11th March**

Creative Minds 10:00

🌸 **12th March**

Creative Mojo 10:00

🌸 **17th March**

St Patricks Day - Special Menu

Sing As We Go 14:30

🌸 **20th March**

Elvis 14:30

🌸 **22nd March**

Mothers Day - Special Menu

🌸 **23rd March**

Gwyn Pritchard 14:30

🌸 **24th March**

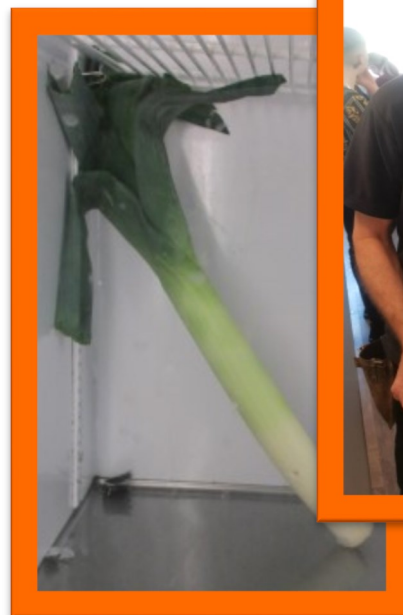
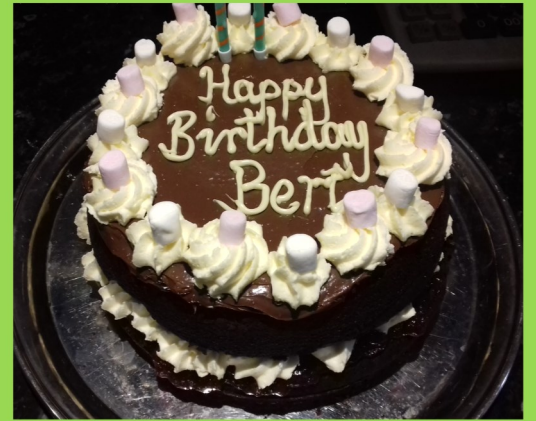
Sing As We Go 14:30

🌸 **25th March**

Swedish waffle Day - Special Menu



Bert, Charles, Bela and Frank all celebrated their birthdays in February



Our Maintenance Man, Paul also celebrated his birthday - even if he did try to keep it quiet. So we tricked him with a leak in the dining room... and presented him with a cake!!

Let's Celebrate



Charles celebrated his 70th Birthday with his family. They all enjoyed tea and cake in the Managers Lounge.



Happy Anniversary



Sheila & David celebrated their wedding Anniversary with Family.



Gwyn Pritchard was in again in February singing to the



Brain Shaw came in and performed to the residents, including some special Valentine song and some of the residents favourites. Neville joined in playing his maracas and Amelia sung along.



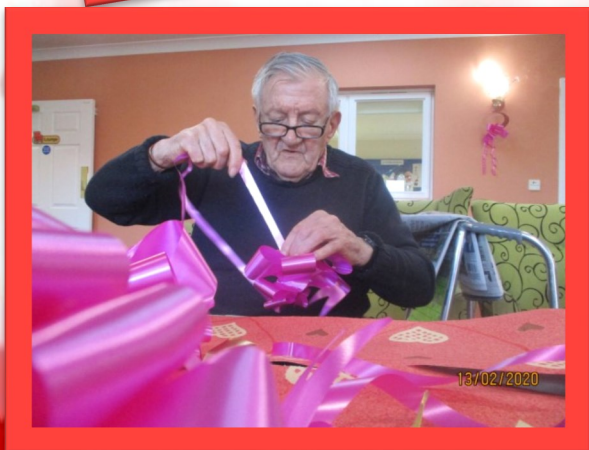
Sharon Jarvis also joined us , performing for the residents and getting them to join in.



Some of the residents enjoyed arranging lovely Spring flowers, June especially liked joining in each week.



Valentines Day



The residents did lots of Valentines day prep making pictures and decorations for the lounge to help celebrate





Foteini from Creative Mojo came in on Valentines Day and got the residents creative with some love hearts.





Mother's Day Lunch

Starter

Sweet Potato & Peanut Soup
served with fresh homemade bread

Mediterranean Salad

slow roasted cherry tomatoes & Aubergines
served with mixed leaves, topped with mozzarella & basil dressing

Main

Roast Topside of Beef

accompanied by Yorkshire Puddings, honey roast parsnips, baton carrots, crispy roast potatoes & lashings of horseradish gravy

Salmon Supreme

Sitting on a pool of north Atlantic prawn & watercress cream sauce

Dessert

Duo of Chocolate Cheesecake

with a Chantilly cream rosette & chocolate decorations

Strawberries & Cream

served in a lightly minted sugar syrup with a dollop of fresh cream

In March the kitchen have planned some Special Menu's. On 17th March we have the St Patrick's Day Menu and on Sunday 22nd March we have the Mother's Day Menu!



St. Patrick's Day

Starter

Cream of Celeriac Soup
topped with crispy black pudding

Potato Cakes
with Smoked Salmon & cream cheese

Main

Irish Stew & Colcannon
slow cooked lamb with bacon & vegetables in a rich lamb stock

Stout Braised Steak
cooked in beer, horseradish & shallots

Dessert

Whiskey and Marmalade Bread & Butter Pudding
served with custard

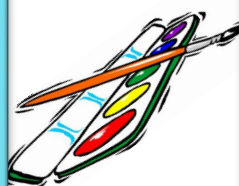
Please remember you are more than welcome to join your relative for any meal free of charge! Make sure you keep a note of the dates that we have our Special Menu's running so you can celebrate with us!



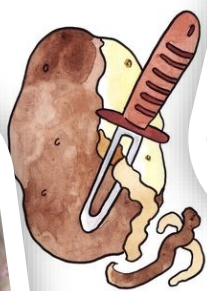
Karina from Creative Mind came in and got the residents creative with some beautiful hearts for Valentines Day!



On Karina's second visit to see us this month, the residents painted some beautiful spring pictures.



The residents got involved with the kitchen prep, peeling the potatoes ready for lunch and they made some yummy chocolate nests - Sheila couldn't wait to taste her hard work!



Sing As We Go



The Sing As We Go ladies joined us this month and performed for the residents, they also sung Happy Birthday to Charles. Tom enjoyed eating his lunch during their set.

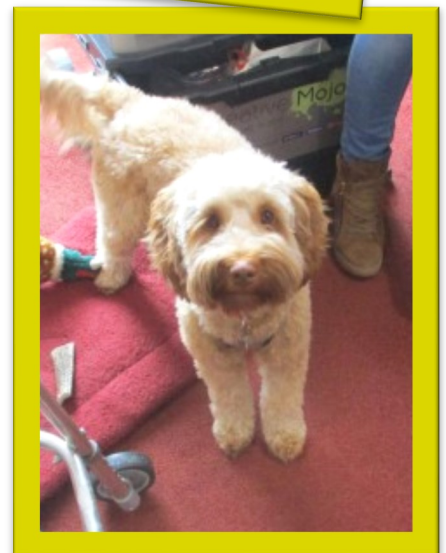




Foteini came in again at the end of February and got the residents ready for Spring! They made a lovely Daffodil picture.



Foteini also bought her dog in who Shirley enjoyed having a cuddle with.





Kara our Activities
Co-ordinator got
the skittles out -
Neville got a
Lucky Strike!



The parachute made many appearances during this month, the residents and staff are loving this after lunch activity!



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NORWOOD HOUSE CONTACT DETAILS:

Manager - Tom Horrex

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