



# Norwood News -

## July Birthstone

• Ruby •



A **ruby** provides strength, vigor, and nobility, helping protect its wearer from the evils of the world. It signifies love and passion while attracting good luck.

## JULY

Fun to be with. Secretive. Difficult to fathom and hard to be understood. Quite unless excited or tensed. Takes pride in oneself. Has reputation. Easily consoled.

Honest. Concerned about people's feelings. Tactful. Friendly. Approachable.

Emotional, temperamental and unpredictable. Easily hurt. Witty and sparkly. Not vengeful. Forgiving but never forgets. Hardworking.



Norwood House  
Littlemoor Road  
Middleton  
Saxmundham  
Suffolk  
IP17 3JZ



**County Care Homes**

Best Dementia Care Home Finalists The National Dementia Care Awards 2011

*Together We Care*

01728 668600

[norwood@countycarehomes.co.uk](mailto:norwood@countycarehomes.co.uk)

[www.countycarehomes.co.uk](http://www.countycarehomes.co.uk)

## **COVID -19 UPDATE**

We hope you are all keeping well in these extraordinary times.

You will recall we took the difficult decision to lockdown the home to visitors and new admissions from the start as part of our planning, risk assessments and additional policy and procedures to firstly, try and protect our residents and staff and then to support each other should an outbreak occur. We understood not being able to visit your loved one/s would be difficult. However, we felt it was the right thing to do at the time. We know our remote facilities have enabled many of you to keep in touch. Our staff have risen to the challenge and quite frankly have been amazing. It is due to the understanding and cooperation of everyone that we have, so far been able to stay COVID free.

We then spent considerable time and resources tracking down additional Personal Protective Equipment (PPE). We never ask our staff to do their job without us first ensuring they have all the tools they need to do so. We are pleased to be able to confirm our staff have never been short of any PPE.

We have carried out mass testing of residents and staff and have the facilities to do more as and when necessary.

Now the country is entering a new phase of easing we have also taken tentative steps to ease our lockdown. First, we have introduced pre-booked visits. Weather permitting these will be held externally otherwise in reception only. Social distancing must be observed. Staff will be on hand as usual to assist. As Summer turns to Autumn we hope to be able to relax visiting further especially as we introduce technology in terms of thermal cameras as part of our risk assessment and monitoring. These measures will remain under review and further announcements will be made nearer the time.

We are also looking at ways we can start to admit new residents. Pre-admission / regular testing, technology, initial isolating and PPE will be important factors. Again, this will remain under review. However, whilst the business must get back to some sort of normality, we will never hesitate to reintroduce lockdown as necessary in order to protect our residents and staff.

The above easing has only been possible due to the understanding and cooperation of everyone. Thank you. Now is not the time for any of us to relax our guard. Following social distancing, wearing PPE and regular hand washing must be adhered to.

Thank you for your support during these difficult times.

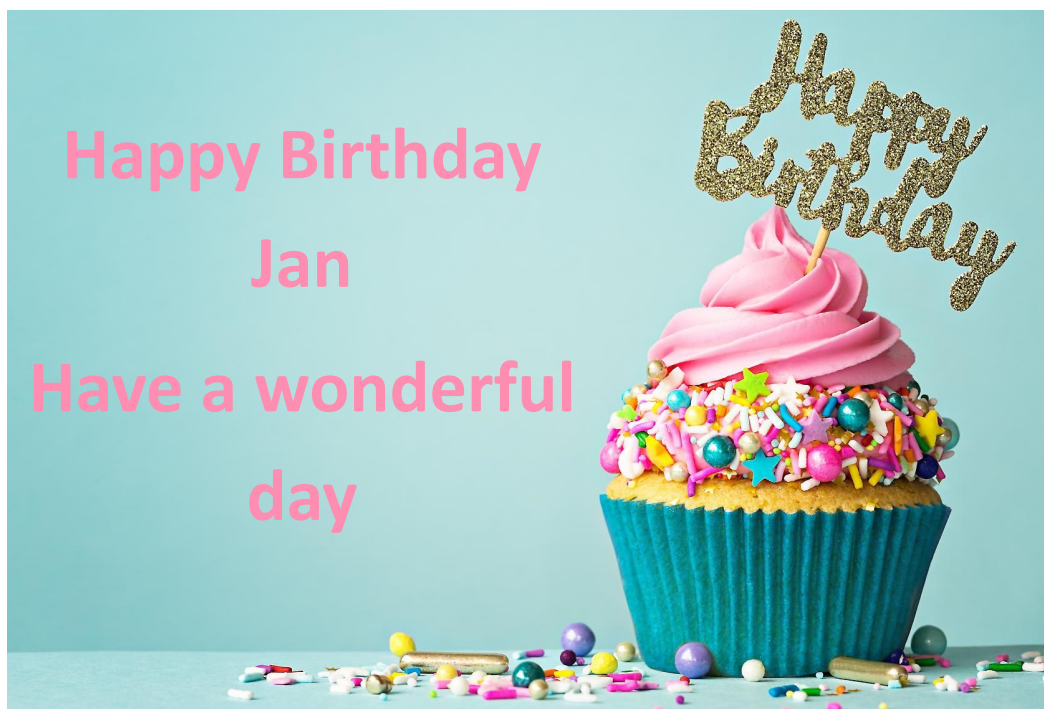
*Gareth and Enid Nixon-Moss* - Directors



Happy  
Birthday  
Sheila











# HAPPY BIRTHDAY

Carol





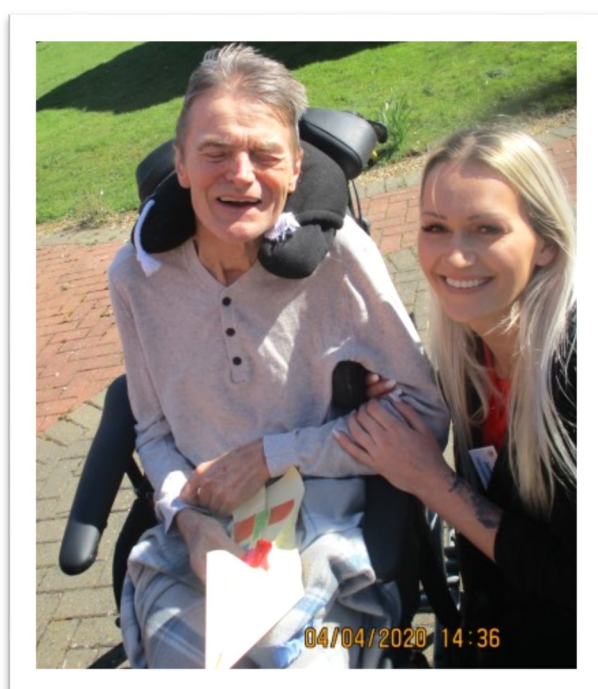
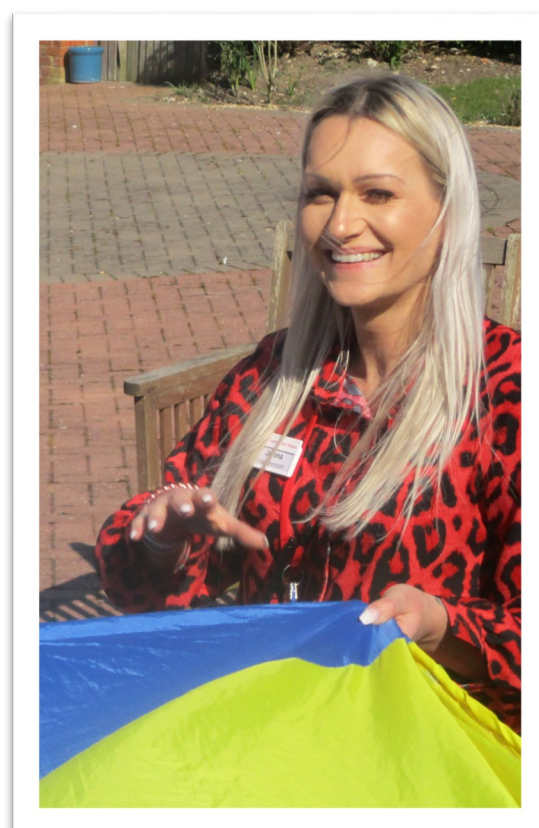
# Happy Birthday Maureen







**Happy Birthday to Jenna our wonderful  
Hairdresser and Activities Co-ordinator**













# BINGO





# ARTS & CRAFTS

The residents made themselves some beautiful crowns during their arts & crafts session.





Our residents love  
spending time arranging  
flowers for the home











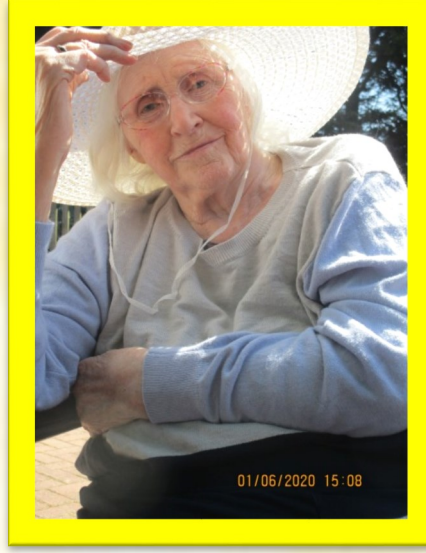
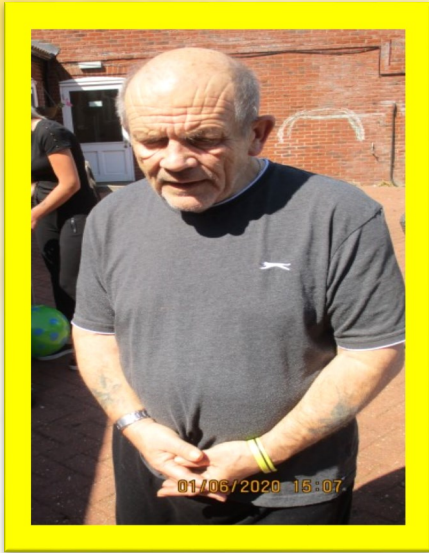
## Parachute fun



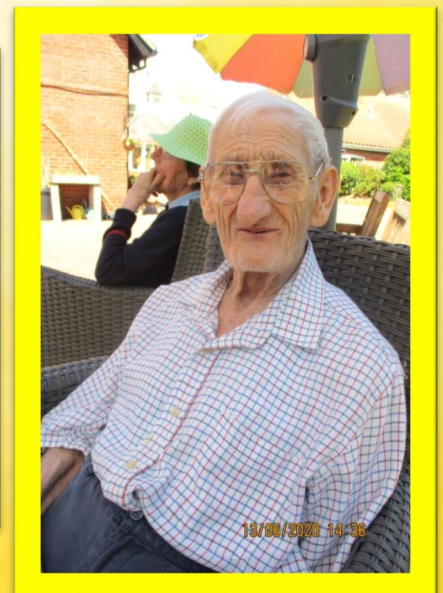
## Parachute fun







## Some Sun Fun with Ice Lollie's







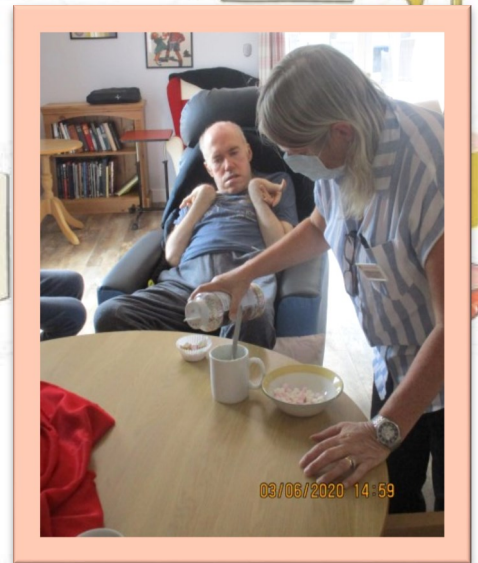


# QUIZ

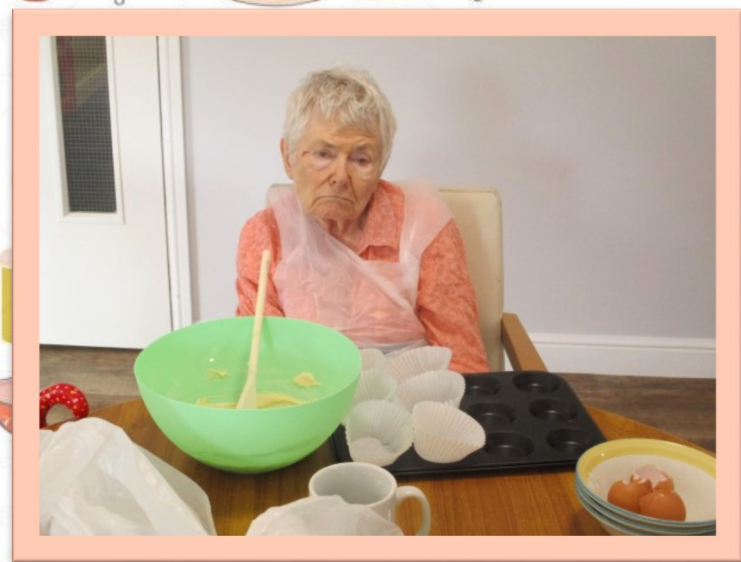
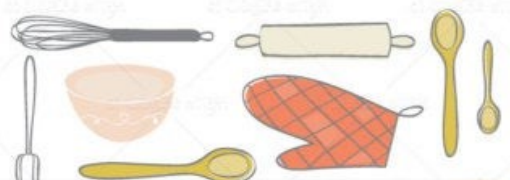




# Baking with the Residents

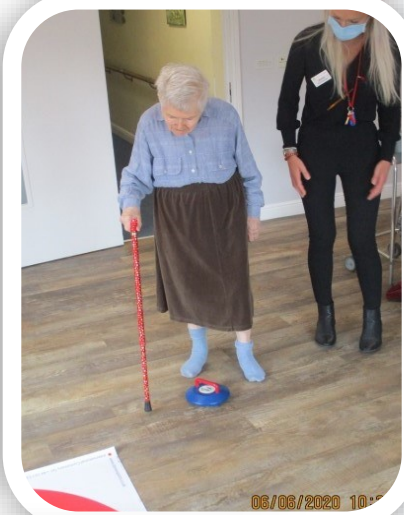
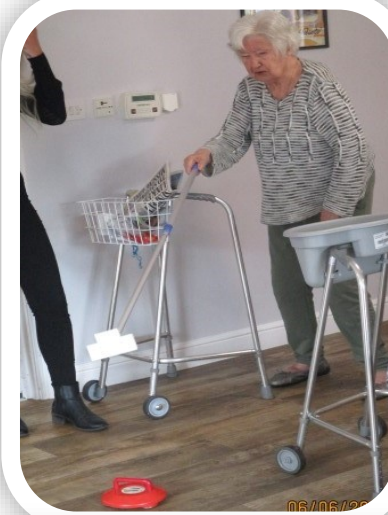
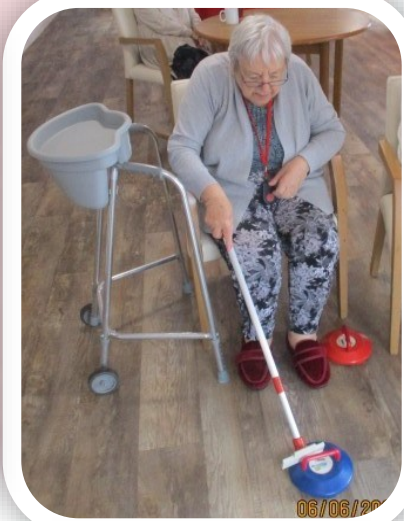








## Our Residents love a game of Curling









**D - Day afternoon was spent watching  
a Documentary on the Battle of Britain**















## Target Practice



**Charles on  
his weekly  
walk with  
the help of  
our lovely  
staff**







The residents have been enjoying Musical Bingo, some of our residents were in their element singing along!







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## Contact Details

Alastair Rayner  
**General Manager**

Abi Pipes  
**Deputy Manager**

Norwood House  
Littlemoor Road  
Middleton  
Saxmundham  
Suffolk  
IP17 3JZ

Tel: 01728 668600

Email: [norwood@countycarehomes.co.uk](mailto:norwood@countycarehomes.co.uk)

**We look forward to assisting you**