



Dear Relatives, Friends and Supporters,

We have had another busy month here at Norwood House, we celebrated four residents birthdays, Red Nose Day, St Patrick's Day and Mother's Day. Thank you to all of you that joined us for our Mother's Day Lunch, Susan served a beautiful meal once again and it was lovely to see you all enjoying time with your loved ones.

We have lots of things planned for April, including a fantastic Easter Sunday Buffet which we hope you will be able to join us for.

From Jose

& all the Team at Norwood House

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County Care Homes

Best Dementia Care Home Finalists The National Dementia Care Awards 2011

Together We Care

Mother's Day

Crafts

The residents were busy in the week leading up to Mother's Day making some lovely fans to have on the table for Mother's Day





Mother's Day



It was so lovely to see some of you join your loved ones on Mother's Day, we hope you enjoyed your lunch with us!



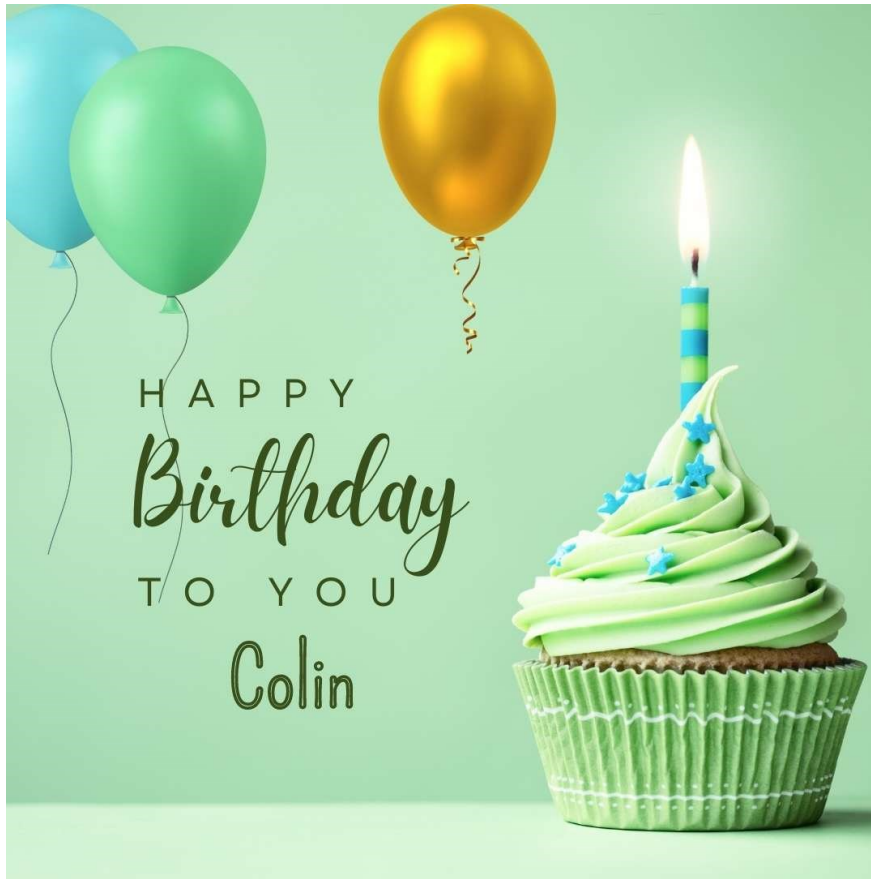


Happy Birthday DAVID



David celebrated his birthday right at the start of the month. The chefs made him a very special cake which included his favorite Corn Flakes! He was also treated to a lovely Portuguese cake by Jorge, his keyworker.





We also celebrated our lovely Colin's birthday at the start of March, his delicious birthday cake matched his shirt!



Happy Birthday Robert



Robert celebrated his 80th birthday in March, the chefs as always made him a delicious birthday cake!



Our last birthday in March was our lovely smiley Rosemary! Her face lit up as she saw her birthday cake coming towards her and the staff starting singing.

Happy birthday Rosemary



DOG THERAPY



We love having dogs come to visit us, and so do the residents. We have our lovely Oscar who comes in with his Mum Tina the Hairdresser and recently he has had a new friend join him as a regular. Ingrid's Dachshund Dottie has been visiting us. The residents love having furry friends around the home. Dogs can help reduce the effects of dementia—*anxiety, agitation, irritability, depression, and loneliness*. By their friendliness and non-threatening way, pets can help a dementia patient be more interactive, when sometimes they are not able to do so in social settings with other adults.



As you can see, David is a huge fan of having a cuddle with a four legged friend!

ARTS & CRAFTS



Painting allows dementia patients to use color to represent thoughts, feelings and memories. Some dementia patients feel more comfortable expressing themselves through nonverbal means, and painting is an excellent outlet.



Interactive

Table

The residents have loved playing with the interactive table. Its use of therapeutic scenes and sounds which derive from nature have been known to instantly promote feelings of calm for residents living with dementia.



Ball Games

Ball games lessen anxiety and make people living with dementia feel more engaged



ARTS & CRAFTS



The residents enjoyed making some lovely paper flowers which you may have seen around the home. Making paper flowers allows people with dementia to express themselves and experience a sense of accomplishment.



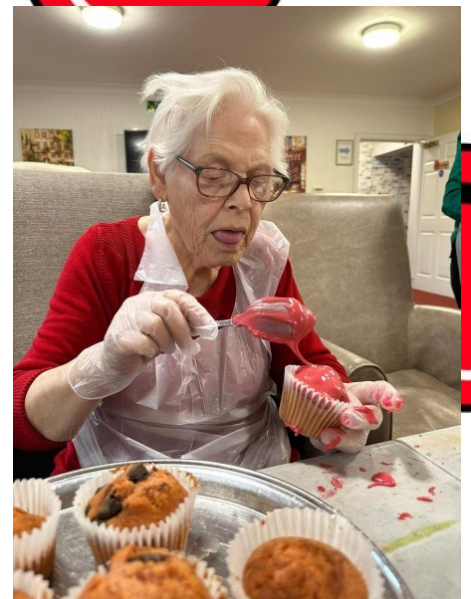


On St Patrick's Day we wore Green (or red for Comic Relief!). The kitchen made a lovely Irish Stew and a Chocolate and Whiskey Pudding.



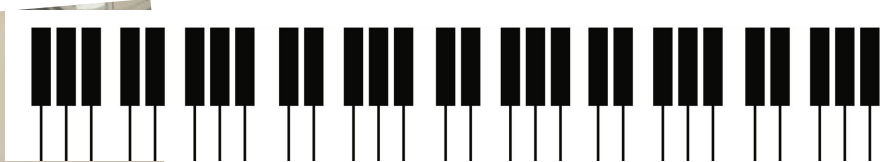
Red Nose Day

Baking



The residents made some amazing Red Nose Day Cupcakes for their special buffet for tea.





Beryl treated us to a beautiful little piano recital



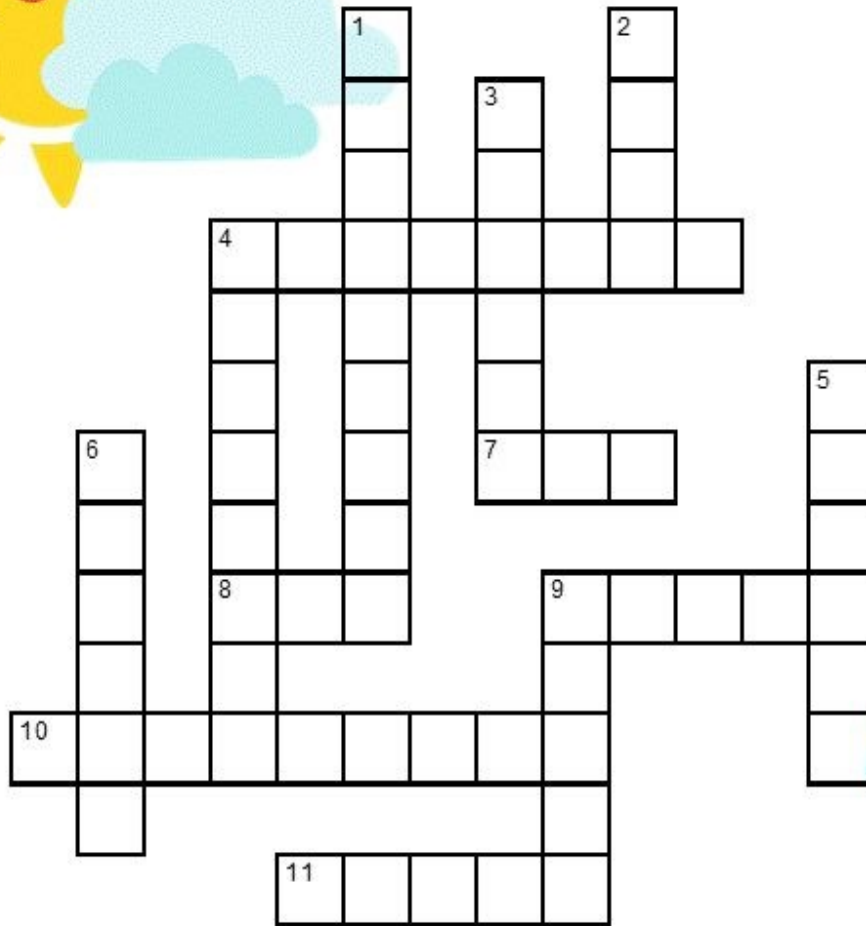
Followed by some terrific singing on the Karaoke Machine, which of course our lovely Sheila absolutely loved!



The residents loved sitting down for a movie night earlier this month, with lots of snacks!



Easter Crossword



ACROSS

4. You might do this to eggs for Easter
7. A hen makes this
8. Used to color eggs
9. The hen's baby
10. Colorful candy you might find in an Easter basket
11. Peter Cottontail is one

DOWN

1. Eggs might be made from this
2. Look for eggs
3. Easter Day event
4. Yellow or white spring flower that grows from a bulb
5. What the Easter Bunny brings
6. A pretty hat worn on Easter
9. Don't eat too much of this or you might get a belly ache



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We look forward to assisting you

