

# Norwood News -



Dear Family member and Friends,

Well it seems as if 'summer' is well and truly over!

The nights are drawing in and the leaves and temperatures are both falling in earnest.

Despite the changes in the weather, we don't let anything dampen our enthusiasm for a good time here at Norwood House.

September saw some of our ladies enjoying an 'Afternoon Tea' at the White Lion Hotel in Aldeburgh, and this month some of our gentlemen will be enjoying a day out to the Norfolk Broads - lookout for the photos in next month's issue of the newsletter.

In the meantime, wishing you all a very



From,

Everyone at Norwood House

## ***This Month's Activities!***

2nd October 17

- Geoff Jukes (singer)  
2pm

6th October 17

- Gentleman's Boat Trip

12th October 17

- Sing As We Go  
2pm

14th October 17

- Tickled Pink (singer)  
50's Jukebox  
2pm

16th October 17

- Geoff Jukes (singer)  
2pm

23rd October 17

- Music & Sing-a-Long  
2pm

26th October 17

- Barry Tone (singer)  
2pm

31st October 17

- Brian Shaw (singer)  
(as Elvis!)  
2pm

*PLEASE FEEL FREE TO JOIN US AT ANY OF OUR PLANNED EVENTS*

**Norwood House**  
Littlemoor Road  
Middleton  
Saxmundham  
Suffolk  
IP17 3JZ

[www.countycarehomes.co.uk](http://www.countycarehomes.co.uk)



# September 2017

was a quiet month for the chef's here at Norwood House, with only one resident enjoying their birthday.


All members of staff, residents and family and friends were delighted to wish 'Nancy' a very ....

**Happy Birthday**



Everyone at Norwood House would like to give a BIG warm welcome to our newest resident Maureen (pictured here with her daughter-in-law).

Maureen is a keen singer, and was a member of her local church choir for a number of years. Her particular favourite time for singing is Christmas, so we are hoping that she will be entertaining us with some traditional Christmas Carols when the time comes.



We were also delighted to welcome 'Mitsy', Maureen's 14 year old cat, who also joined us here at Norwood House.



What do you do with your pumpkin?



There are **22**  
'Pumpkins' in the  
Newsletter - can  
You find them all?

Good Luck!



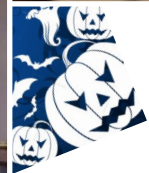




## *Ladies Afternoon Tea*



*Last month we were delighted to be able to take some of our ladies out for an 'Afternoon Tea' at the White Lion Hotel, Aldeburgh. Everyone thoroughly enjoyed themselves, and not a crumb was left on a plate!*













Norwood House

Coffee and Catch Up for  
Friends and Family

2017 - 2018

Wednesday 20<sup>th</sup> September 2017

Tuesday 28<sup>th</sup> November 2017

Monday 29<sup>th</sup> January 2018

Thursday 29<sup>th</sup> March 2018

Saturday 26<sup>th</sup> May 2018

Friday 27<sup>th</sup> July 2018



Each meeting is held at 11am in the  
Managers Lounge



# An Autumn Windfall



Robin, one of the Norwood House Chefs, along with the help of Dorothy, Bert and Tori, decided to make the most of the Damsons that grow in the grounds of our care home.

Robin was able to use what was picked to make a delicious crumble.



The kitchen have chosen The Best of British for their theme day on Friday 13th. They will be serving meals such as Fish & Chips, Pie & Mash and Spotted Dick. Also on the 31st they will be offering spooky cakes & treats for Halloween.



## REMINDER!



Please let us know who you would like to nominate as the 'Employee of the Month' for October 2017.

**The ballot box and nomination forms are in reception.**



# MUSIC

Here at Norwood House we always enjoy a variety of singers coming in to entertain us.

Last month saw visits from Anika, Geoff Jukes, Barry Tone as Elvis and Brian Shaw.



**Anika**



**Geoff  
Jukes**



**Brian  
Shaw**



**Barry  
Tone as  
ELVIS**





Peggy & Dorothy  
enjoying some delicious  
looking cupcakes.



Ruth clapping along to  
the entertainment.



Helen enjoying a lovely cup of tea  
with the staff, Jackie & Sadie.



John enjoying a good catch up  
with his visitor and a very well  
behaved dog taking it all in.

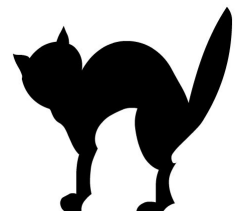


# SPOOKY HALLOWEEN WORD SEARCH

K U Q O Z J M Y A P U M P K I N A E  
 R T U Q O Y B B K R H L J F U S F I  
 L E A F S C R D T O W A I B S O A E  
 N C B E G Z A E E N O Y F J R A V G  
 R R O Z R Y T N B G R P G S K A X I  
 E Q R Q I T I V D O D D S G M I Q J  
 T C F N J C R K J Y T S U P Y M C S  
 N F Y E F S N O F E A C I N M S W J  
 A Y F E A L N O K P J R O O Z W I T  
 L R G W B Q B I M C E P J K O Y E S  
 O W H O Y H G H L S I Z C B E T M O  
 K D B L B U X A P B D R L A M K U H  
 C U U L K D X U H K O K T H R G T G  
 A C I A K E W N F D T G S T A B S O  
 J J D H V S V T C W I T C H E S O D  
 R T V Y P D C E B T N S V W C K C N  
 A S D H D X L D F M L R T P D Q M F  
 X S H A M A G I C B H X H O R W E S



- bats
- candy
- ghost
- magic
- spooky
- costume
- goblins
- haunted
- October
- pumpkin
- witches
- vampires
- halloween
- jackolantern
- trickortreat







Neil, a resident who joined us at the beginning of August, is always quick to enjoy the entertainment here at Norwood House. He is always keen to join in the songs, and on the rare occasion take to the dance floor.

Well done Neil. We hope you enjoy 'Tickled Pink' who will be bringing us their



'Jukebox Jive' session on the 14th October 2017. Please join us for what is usually a wonderful afternoon of entertainment.



## Movie Magic



*How did you do with last months crossword? Check your answers below!*

### Across

- 6. Character played by Kevin Costner in the 1987 movie, The Untouchables (5,4)
  - **Elliot Ness**
- 8. Audrey Hepburn played Eliza Doolittle in this 1964 film (2,4,4)
  - **My Fair Lady**
- 9. Professor G.H. Dorr in the 2004 movie, The Ladykillers (3,5)
  - **Tom Hanks**
- 12. Rod Taylor was Mitch Brenner in this 1963 movie (3,5)
  - **The Birds**
- 13. He was Sean Maguire in the 1997 film, Good Will Hunting (5,8)
  - **Robin Williams**
- 14. Burt Reynolds was Lewis Medlock in this 1972 movie (11)
  - **Deliverance**

### Down

- 2. Al Pacino was Vincent Hanna in this 1995 movie (4)
  - **Heat**
- 3. He was Milton Warden in the 1953 film, From Here to Eternity (4,9)
  - **Burt Lancaster**
- 4. He was George Taylor in the 1968 movie, Planet of the Apes (8,6)
  - **Charlton Heston**
- 5. He was Chance the Gardener in the 1979 film, Being There (5,7)
  - **Peter Sellers**
- 7. He was Detective Virgil Tibbs in the 1967 film, In the Heat of the Night (6,7)
  - **Sidney Poitier**
- 10. Nicole Kidman was Satine in this 2001 movie (6,5)
  - **Moulin Rouge**
- 11. He was Sean Thornton in the 1952 film, The Quiet Man (4,5)
  - **John Wayne**



# County Care Homes

## Norwood House

### **DIRECTORS' SURGERY**

Gareth and Enid Nixon-Moss highly value feedback from both visitors and staff. They are holding regular surgeries to enable any visitors or staff to meet them and to discuss any issues or suggestions as to how we may add to the service we provide and make your time at Norwood House even more memorable and enjoyable for our resident guests and yourself. All discussions will be held in strict confidence unless agreed otherwise.

Should you wish to meet Gareth and Enid please print your name against one of the dates and times below. Should you require longer time then additional arrangements will be made at the first meeting.

The following dates and times are available.

### **26th October 2017**

2.00pm.....  
2.15pm.....  
2.30pm.....  
2.45pm.....  
3.00pm.....  
3.15pm.....

### **December 2017**

### **To Be Arranged**

***"Our priority is to ensure The County Care Homes Group is a Centre of Excellence" in providing Dementia care. If for any reason we have not met your expectations, do please contact me and give me and my team an opportunity to address your issue".***

Gareth Nixon-Moss

County Care Homes Limited

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