

Norwood News -



2018

Happy New Year

Welcome to the **January** edition of the Norwood House Newsletter.

We hope you have enjoyed a Happy Christmas , and are managing to stick to all your 'New Years' Resolutions'!

As you are aware, here at Norwood House, we are always trying to keep our residents well entertained and active, and this was certainly true for last month and especially over the Christmas period.

To enable family members to be able to share time over the holiday season with their loved ones, we offered a traditional Christmas dinner on more than one occasion. As you can see from the photographs, lots of family members were able to visit us and enjoy the various entertainments taking place.

Why not take a look at our 'A Year at Norwood House 2017' year book to see what we got up to last year. Don't forget, if you would like any of the photographs from this Newsletter, or previous editions, please do not hesitate to ask a member of the Reception staff.

Wishing you all a very Happy 2018



County Care Homes

Best Dementia Care Home Finalists The National Dementia Care Awards 2011

Together We Care

This Month's Activities!

1st January 18

- Geoff Jukes
2:30pm

11th January 18

- Dennis Maisey
2:30pm

15th January 18

- Geoff Jukes
2.30pm

19th January 18

- Tickled Pink
'Aladdin' production
2pm

23rd January 18

- Barry Tone
2:30pm

29th January 18

- Geoff Jukes
2:30pm

*PLEASE FEEL FREE TO JOIN US AT
ANY OF OUR PLANNED EVENTS*

Norwood House
Littlemoor Road
Middleton
Saxmundham
Suffolk
IP17 3JZ

www.countycarehomes.co.uk



Dizzy, Dorothy, Neil and Christina all celebrated their birthdays in December all sharing their month with one special baby who was born on Christmas Day.



This year we had a 'life size' Nativity scene on display in our visitors lounge area. It was admired by lots of visitors, despite our 'Baby Jesus' going 'missing' on a number of occasions!



It was wonderful to see so many family members visiting us last month.

Joan enjoyed visits from various family members, including visits from two sets of her 'Great' grandchildren.

Our Activities Planner ~ January 2018

1st  Geoff Jukes Singing at 2:30pm	2nd	3rd Cake Bake Day 	4th
5th 	6th	7th 	8th
9th	10th  Cake Bake Day	11th Dennis Maisey Ukele Act &	12th 
13th 	14th	15th Geoff Jukes Singing at 2:30pm 	16th
17th Cake Bake Day 	18th	19th <i>Tickeld</i> <i>Pink</i> performing: ALADDIN 	20th
21st	22nd 	23rd Barry Tone Singing at 2:30pm 	24th Cake Bake Day 
25th 	26th 	27th	28th 
29th Geoff Jukes Singing at 2:30pm	30th	31st Cake Bake Day 	

THE RESIDENTS CHRISTMAS PARTY



Brian Shaw brought the party atmosphere to Norwood House. Can you guess who dressed as Father Christmas?



It was wonderful to see all the staff and residents joining in the festive fun, enjoying mince pies, mulled wine, sherry and a Good Dance!





Middleton Benefice Choir



We were delighted to have the local church choir come in to sing Christmas Carols for our residents. It was a wonderful afternoon, and it was lovely to have family members join us.



Nothing like a sherry & mince pie, whilst listening to the Carols, to get everyone into the festive Christmas spirit.



Ipswich Hospital Band



It is always nice to hear a brass band play at Christmas time, and we were delighted to welcome the Ipswich Hospital Brass Band in to play to our residents.



The residents certainly enjoyed having Danny giving out glasses of his famous 'Christmas Punch'.

Thanks Danny



Christmas Dinner with the family





Thank you to all the family members who were able to join us for one of our pre Christmas dinner days, and on Christmas Day itself.



It was wonderful to see you all, and it certainly kept our 'Kitchen Staff' busy!



Merry Christmas!

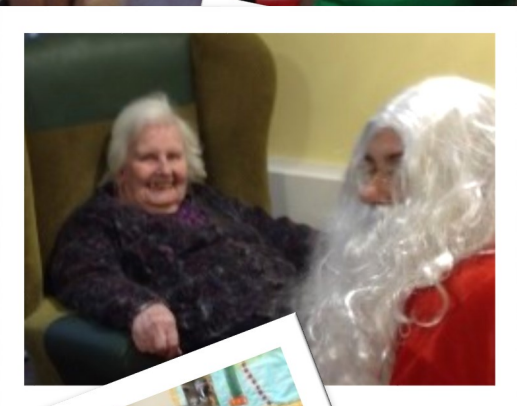
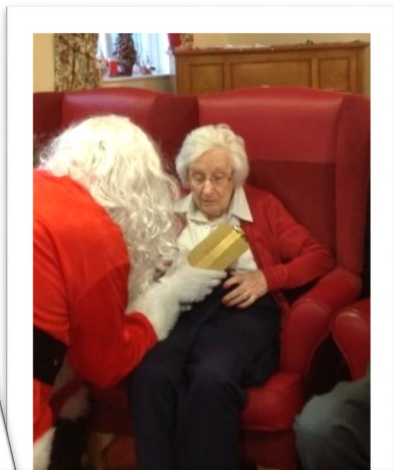
To: *All our Residents*

From: *All the staff at Norwood House*



Santa and his 'little helper' were certainly kept busy delivering gifts to our residents.







Santa also took the opportunity to greet visiting family members - Good Old Santa!



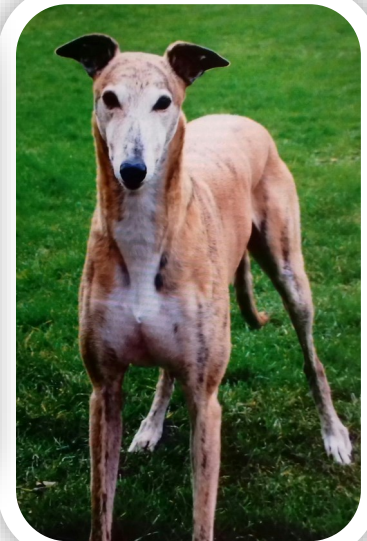


Our residents also enjoyed opening all the presents they received from their family members.



Dominic the Pat Dog is a regular visitor here at Norwood House. His owner Judy very kindly gives up her time each week to bring him in to see the residents. He definitely brings lots of smiles to our residents faces. I am sure Dominic doesn't mind the attention either!

Thank You Judy



Also a **BIG** thank you to Mr and Mrs Humphries who kindly gave up some of their spare time to come in and clean our fish tank!

It was definitely in need of a good Clean, and we were really surprised to see how many small fry we had in the tank.

Thanks again



Thank you to everyone who donated a prize to our Christmas Raffle. We had almost 40 prizes and raised **£184** which will be put towards activities and events.

Thank You

We drew the winning tickets on Christmas Day and the residents enjoyed pulling them out of the box. Most prizes have been collected, but if you have a ticket with one of the following numbers, please get in touch to claim **your** prize:

Orange	Blue	Light Blue
321	364	387
312	428	507
& White 939	Good Luck!	



Snow comes to Norwood



County Care Homes

Norwood House

DIRECTORS' SURGERY

Gareth and Enid Nixon-Moss highly value feedback from both visitors and staff. They are holding regular surgeries to enable any visitors or staff to meet them and to discuss any issues or suggestions as to how we may add to the service we provide and make your time at Norwood House even more memorable and enjoyable for our resident guests and yourself. All discussions will be held in strict confidence unless agreed otherwise.

Should you wish to meet Gareth and Enid please print your name against one of the dates and times below. Should you require longer time then additional arrangements will be made at the first meeting.

The following dates and times are available.

11th February 2018

2.00pm.....
2.15pm.....
2.30pm.....
2.45pm.....
3.00pm.....
3.15pm.....

March 2018

To Be Arranged

"Our priority is to ensure The County Care Homes Group is a Centre of Excellence" in providing Dementia care. If for any reason we have not met your expectations, do please contact me and give me and my team an opportunity to address your issue".

Gareth Nixon-Moss

County Care Homes Limited

Registered in England No 4683188

holiday period.



- ⇒ Report to Reception
- ⇒ Give your Name
- ⇒ Advise WHO you are visiting



Thank you for your understanding and co-operation in this matter.





Christmas Entertainment



Here at Norwood House we always enjoy having entertainers join us on a regular basis, and December 2017 was no exception.

As well as enjoying the singing of Brian Shaw, we were also glad to have Gwyn Pritchard and Geoff Jukes join us in celebrating the holiday season.



Bring on the NEW YEAR!



Here at Norwood House it has become a bit of a tradition for some of our residents to stay up and see in the New Year.



New Year Goals

Poet: Catherine Pulsifer

New Year goals you may set
Take the action so they are met.
Achieving a goal brings success and happiness too
Keep moving forward and being You.
Even though challenges you will face
Don't be discouraged just keep up the pace
By doing a little bit each day
You will see your goals accomplished this way.

And when the year ends you will see
Your goals completed and satisfaction will be
Keep a positive attitude and you will find
You will do it when you focus your mind.



Once again, all the residents and staff at Norwood House would like to wish all the family members, friends and supporters the very best for a

Happy New Year!

Brain Teaser – If you have not been over indulgent during the Christmas period, and feel up to a little challenge, why not have a go at this months' word search. Good Luck!





At the Races

Word Search

L	E	E	T	S	D	N	A	T	S	D	N	A	R	G	W			
F	Q	X	S	R	X	R	S	T	F	C	E	S	E	K	A	T	S	Y
O	G	U	T	U	H	A	I	Q	S	U	C	J	Y	E	K	C	O	J
S	P	F	A	O	A	C	X	S	T	O	R	I	K	P	I	M	M	R
K	P	W	L	I	J	K	N	O	Q	V	P	L	H	E	E	B	E	T
E	O	R	L	D	T	H	H	V	P	A	D	D	O	C	K	N	S	H
S	E	Z	I	V	W	S	H	K	L	U	K	V	L	N	W	G	I	O
X	A	G	O	N	G	J	W	N	R	H	S	B	T	O	G	E	Z	R
A	Y	A	N	N	T	I	Z	S	E	Q	R	N	H	H	K	L	G	O
T	P	L	O	W	T	P	S	G	N	E	E	W	A	P	N	A	F	U
C	J	L	M	E	D	P	H	X	I	H	D	O	N	O	T	S	R	G
A	X	O	S	E	S	R	U	P	A	E	N	R	D	E	A	X	E	H
X	H	P	I	A	F	B	W	R	R	I	I	C	I	L	E	Z	T	B
E	U	O	D	K	H	C	N	B	T	Y	L	E	C	D	I	P	I	R
C	M	D	D	S	H	E	Y	E	Q	Y	B	L	A	X	C	T	R	E
Q	L	A	S	D	S	T	L	O	C	H	M	P	P	T	A	U	O	D
E	I	K	R	S	S	P	L	A	C	E	W	I	P	P	W	R	V	S
V	U	D	R	E	G	N	I	A	X	T	U	R	A	C	I	F	A	G
I	F	U	Q	H	D	Q	F	F	Y	Y	T	T	Y	J	N	T	F	L

Bet
 Blinders
 Colt
 Derby
 Exacta
 Favorite
 Filly
 Furlong
 Gallop
 Gate
 Grandstands
 Handicap

Harness
 Jockey
 Long shot
 Mare
 Odds
 Owner
 Paddock
 Place
 Post
 Purse
 Saddle

Sire
 Sprint
 Stakes
 Stallion
 Thoroughbred
 Tip
 Track
 Trainer
 Triple Crown
 Turf
 Upset
 Win

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NEWS FROM NORWOOD

If you would like your family member to see a dedicated specialist: i.e. Doctor, Foot Healthcare Practitioner (Chiropodist), ToothBooth Dental Practice, Vision Call Optician, Hairdresser, Occupational Therapist or Physiotherapist etc. Please leave a note for us in the '**RED** - Relative Request Book'.

The book is in Reception, next to our Visitors Log Book and it can also be used to leave reminders, messages and updates for the Team.