



# Norwood News 2019

**Dear** Family Members,  
Friends and Staff,

Don't forget that June is a busy month with lots of activities taking place including; Glastonbury, Royal Ascot and the Norwood House Father's Day BBQ event on Sunday 16th June 2019, 10am to 2pm. From 10am we will be joined by the ladies from Sing-As-We-Go.



We will also be celebrating 'National Italian Republic Day' on Sunday 2nd June with a wonderful 'Italian' inspired menu. Jan, one of our residents who is Italian is particularly looking forward to the day.

June also sees the UK celebrating 'National Care Home Open Day' on the 28th. Here at Norwood House we will be having our open day on 17th August 2019 as part of our Summer Garden Party celebrations. Please join us for what we hope will be a wonderful day, filled with lots of activities and events for all our residents, their families and friends to join in and enjoy.



If you visited London in May you may have seen various iconic statues wearing the "forget me not" scarves.

They appeared on 11 statues in central and west London to mark Dementia Action Week, led by the Alzheimer's Society. The 'Allies'

statue of Winston Churchill and Franklin Roosevelt, in Bond Street, was a particular favorite for a picture moment. Just remember that one in six people in the UK who are aged 80+ have dementia according to the Alzheimer's Society, so please help and support them how you can.

**Regards from;**

**All at Norwood House**



**County Care Homes**

Best Dementia Care Home Finalists The National Dementia Care Awards 2011

*Together We Care*

## *June 2019 Diary Dates*

- 7th June 19  
Creative Mojo  
10am
- 10th June 19  
Brian Shaw  
11am
- 12th June 19  
Creative Minds  
10am
- 14th June 19  
Annika  
2pm
- 16th June 19  
Father's Day BBQ &  
Sing-As-We-Go  
10am to 11am
- 18th June 19  
Sing-As-We-Go  
2:30pm
- 21st June 19  
Creative Mojo  
10am
- 26th June 19  
Creative Minds  
10am
- 27th June 19  
Mr Bean  
2pm
- 28th June 19  
Sharon Jarvis  
2:30pm
- 29th June 19  
Relatives Meeting  
12pm
- 30th June 19  
Ipswich Hospital Band  
2:30pm

**Please join us for our events at:**

**Norwood House  
Littlemoor Road  
Middleton  
Saxmundham  
Suffolk  
IP17 3JZ**

**Tel: 01728 668600**

**Fax: 01728 667044**

**Email:**

**[norwood@countycarehomes.co.uk](mailto:norwood@countycarehomes.co.uk)**

**[www.countycarehomes.co.uk](http://www.countycarehomes.co.uk)**





to any of our family Members, Friends and Supporters who have a birthday in June.

None of our residents had a birthday in May, but we have three who will be enjoying birthday celebrations this month. Look out for their pictures in the July Newsletter.

It was wonderful to welcome back the

*tickled pink*

production team who visited us in May to perform a selection of well know show tunes and popular songs. As usual, our residents had a wonderful time







**Mary** enjoyed the afternoon entertainment with Paula, our latest member of the Activities Team, and Tom our Acting Manager.



**Charles**, a former orchestral performer, always loves listening to all types of music; and Margaret enjoyed watching and listening with her family.



*tickle*  
**Pink**

will be back with us on the 27th July 2019 at 11am. Don't forget to add all our entertainers dates to your diaries, and join us for some wonderful entertainment sessions.

*We look forward to seeing you soon.*





This year our residents remembered and celebrated VE Day on the 8th May. They had been busy making bunting to go up around our home,



and enjoyed an afternoon singing, dancing and joining in with the Sing-As-We-Go Girls who are regulars at Norwood House.



Some of our residents remembered having street parties as youngsters, and some remembered seeing photos from the day in the newspapers. We had a copy of one of the newspapers published on the day, so made copies for our residents to read through. Many remembered pictures of the Royal Family.







We were delighted to have some of our residents family members join us for a wonderful afternoon of singing.





**Some** of our residents frequently enjoy doing little 'jobs' around Norwood House. Paul enjoys helping John keep our pots well watered and neat and tidy, and Pat regularly helps out in the laundry.

# BUSY BEES



Pat recently sorted out all our 'odd socks' and managed to put together 15 pairs!

Some of our residents however, just like to chill out and sit with their feet up doing nothing at all.....!



**Every** week some of our residents, with the help of Paula, get together to do our Dining Room flower displays.

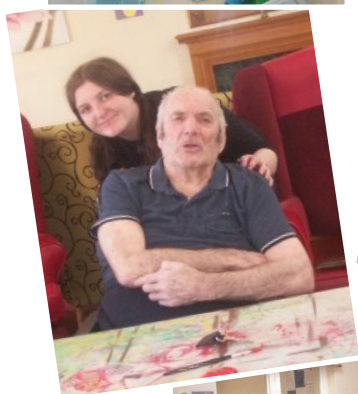
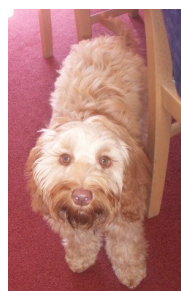
They also enjoy doing the flower arranging for the communal areas around our home.







**W**hether doing Arts & Crafts as a 1 to 1 activity or working as a group with members of the Activities Team, or doing art with Creative Minds or Creative Mojo; it is certainly one of our resident's favorite activities. Carol likes to read through the latest edition of Norwood News while waiting for a space at the craft table. Some of our residents just enjoy joining in from the comfort of their favorite chair.



**F**oteini, from Creative Mojo, introduced her dog Lola to our residents when she was 12 weeks old. She is now a regular visitor to Norwood House and a firm favorite with our Residents; who have been busy making more butterflies. These will be sent off to form part of the National Trust's exhibition in Devon helping to celebrate the 'National Care Home Open Day' on the 28th June.





And the  
Winners  
are...



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everyone here at Norwood House.....



### DON'T FORGET

Please remember to ask at Reception for any Post which may be addressed to your family member.



Cupcake Day

Why not put your baking skills to the test and join us on the 13th June 2019 at 2pm to help support the Alzheimer's Society. 'Cup Cake Day'.

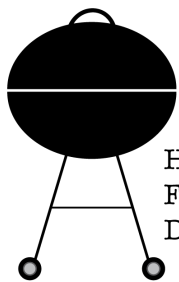
We will be holding our own 'Cup Cake Bake Off', which will cost £2.00 per baking entry. If you would like to bring some cakes in, the judging will be carried out by Tom, our Acting Manager, who has informed us he can be bribed by cakes! Our kitchen Chef's will also be having a go at doing some cup cakes, which we all hope to sit and enjoy with a nice cup of tea or coffee.

Please join us and help support the Alzheimer's Society





**FATHER**  
**KIND trust**  
 nurturing friend  
**WISDOM**  
 family man **LO**  
 thoughtful  
 STRONG patient **VE**



Happy  
 Father's  
 Day

**P**lease join us on Sunday 16th June 2019 and help us celebrate Father's Day.

**W**e will be starting off at 10am with the ladies from Sing-As-We-Go followed by a BBQ Lunch from 12pm.

**W**e can always rely on our wonderful  
**Please Join Us**

Chef's to produce an amazing BBQ lunch, which we are all looking forward to.

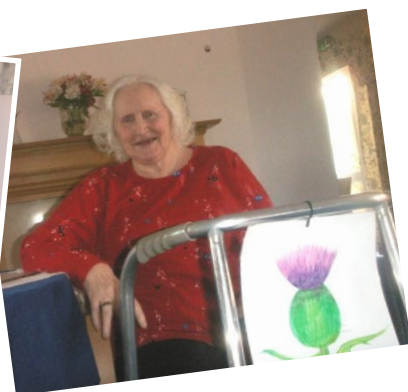
*Crazy*

*Karaoke*

*Classics.....*



**A**ll our residents, and staff, always enjoy a good Karaoke session. John and Paula are certainly entertaining, though not always musically in 'sync'! Our residents certainly don't mind as it adds to a more entertaining performance.





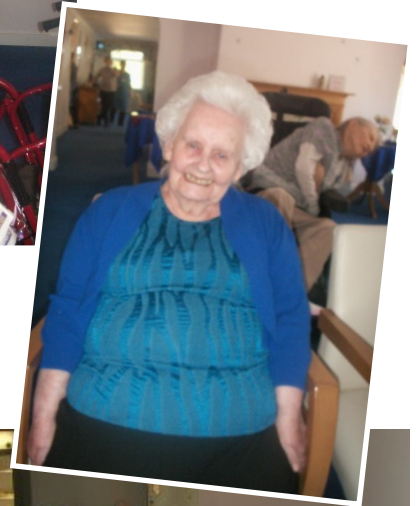
## Let's Dance.....

Our residents love nothing more than having entertainers who sing and perform join us on a regular basis. They all love to join in and sing, dance and sometime provide percussion background music to help the performers along.

Staff also love to join in; or just sneak in and have a listen to the music between jobs.



Brian, Annika and Sharon are always made to feel welcome, and we are always delighted to have them in to perform for us.







LET'S  
DANCE



Let's Sing  
Together







Don't forget that our Acting Manager, Tom Horrex, will be holding our 'Relatives Meetings' throughout the year. Remember to put the following dates in your diary:

Saturday 29th June - 12pm

Saturday 31st August - 12pm

Saturday 30th November - 12pm

Wednesday 17th July - 2pm

Wednesday 16th October - 2pm

*Please feel free to join us for a Chat, Tea and a Slice of Cake*



Here at Norwood House we like to welcome visitors at any time of day or night. Some just visit for a little while, and some join us for events, activities, dinner or tea; or just a hot drink and slice of cake!



*Please feel free to join us anytime you wish. Our doors are always open.*



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*Together We Care*

### NORWOOD HOUSE CONTACT DETAILS:

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