

Norwood News -

December

2017

Everyone at Norwood House would like to take this opportunity to wish all our Residents, Family Members, Supporters and Friends a very

and remember this Christmas Gift suggestion:

To your enemy, forgiveness.

To an opponent, tolerance.

To a friend, your heart.

To a customer, service.

To all, charity.

To every child, a good example.

To yourself, respect.

~ Oren Arnold



We would also like to remind you that if you would like to join your family member for a Christmas Dinner, you can do so on the following dates:



8th, 15th and 22nd December 2017. This invitation is also open to any one in our local community who will be on their own over the Christmas period.



County Care Homes

Best Dementia Care Home Finalists The National Dementia Care Awards 2011

Together We Care

This Month's Activities!

6th December 17

- Geoff Jukes
2pm

14th December 17

- Elf Staff Dress Up Day

17th December 17

- Brian Shaw
Christmas Party
- 11am

18th December 17

- Sing As We Go
2pm

20th December 17

- Gwyn Pritchard
2pm

22nd December 17

- Ipswich Hospital Band
2pm

23rd December 17

Tickled Pink
Christmas Show
11am

29th December 17

Brian Shaw's New
Years Eve Party
11am

*PLEASE FEEL FREE TO JOIN US AT
ANY OF OUR PLANNED EVENTS*

Norwood House
Littlemoor Road
Middleton
Saxmundham
Suffolk
IP17 3JZ



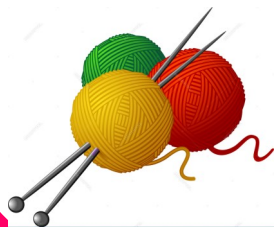
In November we were delighted to celebrate the birthdays of Janet, Ken, Alida and Doreen. Between them they are **337** years young!



Welcome to Eileen Norwood House's newest resident.

Eileen joined us in November and brought with her one of her 'famous' knitted blankets. She has enjoyed knitting all her adult life, and always made her children's knitwear - never buying from the shops!

She was a working mother, who enjoyed a career as an Office Administrator. Eileen loves dogs, and has had quite a number over the years. She has also enjoyed keeping budgies and the odd 'parakeet'!



Entertainment

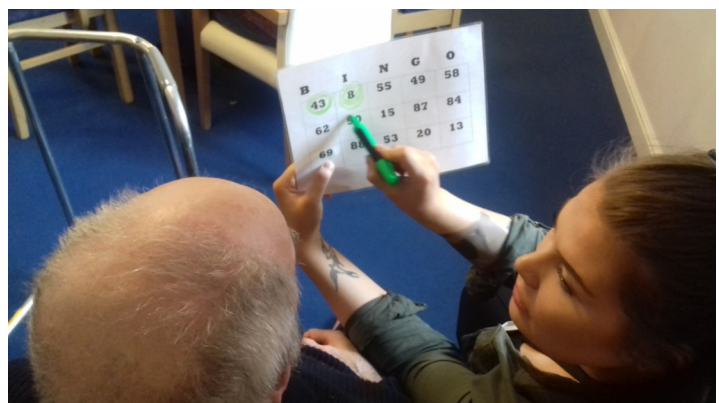
Musical Theatre

We were once again delighted to welcome back Tickled Pink who performed their 'best of' show to our residents. It involved a number of 'high speed' costume changes, and as usual they delighted our residents with another marvellous production.





The Tickled Pink performers made sure there was plenty of crowd participation going on, including a 'Bingo' game which everyone enjoyed.



Christmas Cake

Tori helping Dorothy & Patricia to make their Christmas Cake.



The cake has turned out perfectly.



Peggy stirring the tasty ingredients.



Three French Hens





Christmas Performance

On Friday 22nd December 2017 at 2.00pm

We will be joined by Ipswich Hospital Band
who will be playing an assortment of
Christmas music and Carols

You are all welcome to join us for music,
mulled wine and mince pies.



Remembrance Day



Everyone at Norwood House took part in the 2 minutes remembrance silence on 11.11.17.

We were proud to be part of the millions of other people across the country who also observed our War Heroes.



Lest We Forget



Thank you to all who put a donation into the Poppy Appeal box we had in Reception.



Bert taking a few moments to reflect on the day.

Maureen looked beautiful wearing her special poppy for the day.



The painting outside our Manager's office is an important reminder to all - *'Lest We Forget'*



Brian Shaw Presents....



Jan had a whale of a time joining in with Brian whilst the others preferred to watch from the comfort of their chairs.



DIRECTORS' SURGERY

Gareth and Enid Nixon-Moss highly value feedback from both visitors and staff. They are holding regular surgeries to enable any visitors or staff to meet them and to discuss any issues or suggestions as to how we may add to the service we provide and make your time at Norwood House even more memorable and enjoyable for our resident guests and yourself. All discussions will be held in strict confidence unless agreed otherwise.

Should you wish to meet Gareth and Enid please print your name against one of the dates and times below. Should you require longer time then additional arrangements will be made at the first meeting.

The following dates and times are available.

11th December 2017

2.00pm.....
2.15pm.....
2.30pm.....
2.45pm.....
3.00pm.....
3.15pm.....

February 2018

To Be Arranged

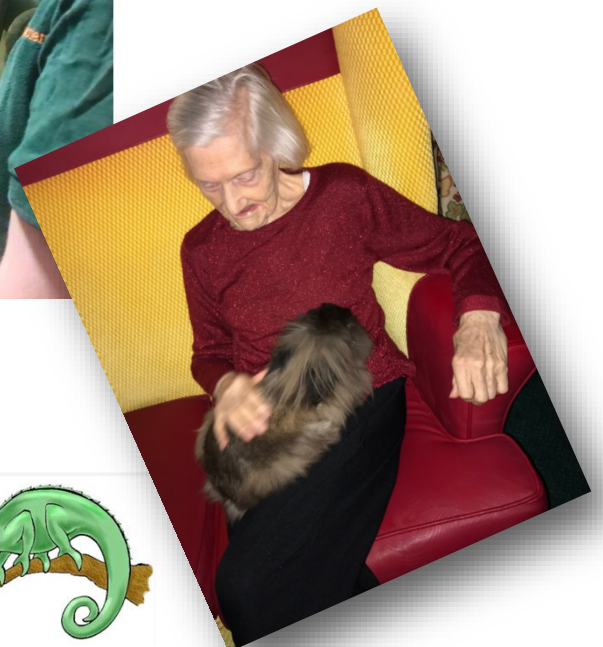
"Our priority is to ensure The County Care Homes Group is a Centre of Excellence" in providing Dementia care. If for any reason we have not met your expectations, do please contact me and give me and my team an opportunity to address your issue".

Gareth Nixon-Moss

County Care Homes Limited

Registered in England No 4683188

Wild Science



The residents enjoying some animal therapy with a mixture of fluffy and reptiles.



Our Activities Planner ~ December 2017

1st Decorate the home for Christmas 	2nd Bowling & Bean Bag Tournament	3rd Festive Quiz & Afternoon Christmas Movie	4th Nostalgia Snakes & Ladders Quiz
5th Bingo Board & Card Games	6th Baking Geoff Jukes 2pm 	7th Parachute Game Question Ball Tea & Chat	8th Arts & Crafts Hangman Pictionary
9th Bowling & Bean Bag Tournament	10th Quiz Afternoon Movie	11th Bingo Snakes & Ladders	12th Arts & Crafts Nostalgia Hangman
13th Baking Afternoon Movie	14th Elf Staff Dress up Day 	15th Card & Board Games Christmas Card writing	16th Bowling & Bean Bag Tournament Local Church Choir Carols 2pm
17th Brian Shaw Christmas Party 11am	18th Sing as we go 2pm	19th 	20th Gwyn Pritchyard 2pm
21st 	22nd Ipswich Hospital Band 2pm	23rd Tickled Pink Christmas Show 11am	24th Christmas Eve 
25th Christmas Day 	26th	27th 	28th
29th Brian Shaw's New Year Party 11am	30th	31st New Year Party	 SIX GEESE A-LAYING

Christmas is coming

The countdown to Christmas is well and truly upon us and it is time to start making those all important plans.



Norwood House is opening up its doors this December on the following dates to members of the local community who will be alone over the Christmas period. Why not come and enjoy a Christmas Lunch with the staff and residents.

Friday 8th December

Friday 15th December

Friday 22nd December



If you are a member of the local community and would like to join us,
please give us a call: 01728 668600

Just let our receptionists know in good time which date you wish to attend.



Name That Christmas Song

A lyric from the song is given. In what song would you find the lyric?

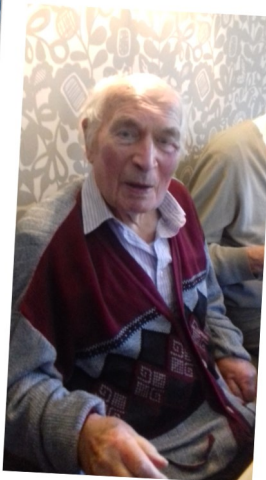
1. **"Round yon virgin mother and child"**
 - a. Jingle Bells
 - b. Silent Night
 - c. I'll be Home for Christmas
 - d. We Three Kings
2. **"And Heaven and nature sing"**
 - a. Away in a Manger
 - b. Joy to the World
 - c. While Shepherds Watched
 - d. White Christmas
3. **"'Tis the season to be jolly"**
 - a. Jingle Bells
 - b. While Shepherds Watched
 - c. Deck the Halls
 - d. God Rest Ye Merry Gentlemen
4. **"God and sinners reconciled"**
 - a. O Come O Come Emmanuel
 - b. O come All Ye Faithful
 - c. Hark the Herald Angels
 - d. The First Noel
5. **"Disperse the gloomy clouds of night"**
 - a. O Come All Ye Faithful
 - b. O Come O Come Emmanuel
 - c. Hark the Herald Angels
 - d. The First Noel
6. **"Joyful and triumphant"**
 - a. O Come All Ye Faithful
 - b. Joy to the World
 - c. Deck the Halls
 - d. Ave Maria
7. **"Looked down where he lay"**
 - a. The First Noel
 - b. Little Town of Bethlehem
 - c. Joy to the World
 - d. Away in a Manger
8. **"O tidings of comfort and joy"**
 - a. God Rest Ye Merry Gentlemen
 - b. The First Noel
 - c. Ding Dong Merrily on High
 - d. Away in a Manger
9. **"On a cold winter's night that was so deep"**
 - a. Away in a Manger
 - b. The First Noel
 - c. Ave Maria
 - d. Deck the Halls
10. **"Hang a shining star upon the highest bough"**
 - a. O Come O Come Emmanuel
 - b. Have Yourself a Merry Little Christmas
 - c. Hark the Herald Angels
 - d. Frosty the Snowman
11. **"City sidewalk, busy sidewalks, dressed in holiday style"**
 - a. Joy to the World
 - b. Deck the Halls
 - c. Rudolf the Red Nosed Reindeer
 - d. Silver Bells
12. **"Please have snow and mistletoe and presents under the tree"**
 - a. Beginning to Look a Lot Like Christmas
 - b. Silent Night
 - c. I'll Be Home For Christmas
 - d. Jingle Bells
13. **"Somebody snitched on me"**
 - a. Bill's Christmas Treat
 - b. The First Noel
 - c. Nuttin' for Christmas
 - d. Deck the Halls
14. **"Bearing gifts we traverse afar"**
 - a. Jingle Bells
 - b. Silent Night
 - c. I'll Be Home for Christmas
 - d. We Three Kings
15. **"Come on, it's lovely weather"**
 - a. Deck the Halls
 - b. While Shepherds Watched
 - c. Jingle Bells
 - d. Sleigh Ride



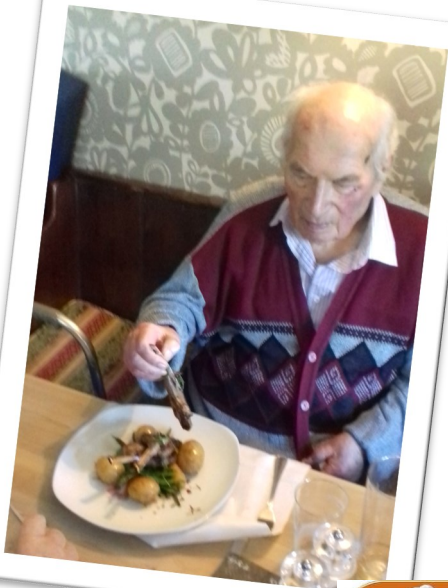
Middleton Bell Pub Lunch



The local community transport provided a wonderful 1st Class service.



Mine's a pint please!



Lads that lunch!



REBUS FOR YOU !



How well did you do trying to train your brain?

Have a look at the answers from last month's quiz to see how well you did with the Rebus challenge:

1. Red in face
2. Green eggs and ham
3. Backrub
4. All thumbs
5. Two left feet
6. Black sheep of the family
7. Big fish in a little pond
8. Tennis shoes
9. Long time, no see
10. All in a day's work

1. FACE	2. EGG EGG HAM
3. BUR	4. THUMBS THUMBS THUMBS THUMBS THUMBS THUMBS ...
5. TEEF FEET TEEF	6. FAMILY SHEEP
7. po FISH nd	8. ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE
9. TIME a b d e f g h i j k l m n o p q r s t u v w x y z	10. DAYSALLWORK

CHRISTMAS RAFFLE

We will be holding a Christmas Raffle during December in aid of the Residents Fund so any donations would be gratefully received.

